

MONTHLY NEWSLETTER

July & August 2021 - THIS MONTH AND SUNDAYS



Sunday, July 4

Working on Ourselves *Doug Rubio, Pulpit Guest*

Bookstores are filled with self-help books these days. All of them claim to make us better at something. But on the most fundamental level, what are the essential things that we need to improve? What does it mean to work on ourselves spiritually?

Wednesday, July 7

6:30 p.m., Church Council Meeting

Sunday, July 11

Patience: It's Not Just for Puritans

Tricia Pethic, Pulpit Guest

After a brief historical look at early UU-Islamic relations, the sermon will explore patience in a post-covid world, misunderstandings of patience in activist circles, and will uncover what spiritual state alternates with patience.

Sunday, July 18

Reading the Chapters of Our Lives

Members of the Worship Committee

Each chapter of our life presents us with new insights, new joys, and new challenges. Four members of the congregation in different chapters of their life will share their thoughts on how they see themselves and how the world appears to see them as they journey through this chapter of their life.

Sunday, July 25 – UU Society of Schenectady

Life After Covid *Steve Winters-Bona with Rosie Lewis*

ZOOM ONLY. We'll explore our 3rd and 4th Principles as we prepare to be together in person.

Sunday, August 1 – UU Society of Schenectady

Dancing Through Life

Mindfulness Meditation, led by Charlie Bradt, is offered Mondays and Thursdays at Noon. [Contact Charlie](#) for more information and the link to join.

Lois Porter with Stephanie Maslanka

ZOOM ONLY Reflections on dance, connections, community, and spirituality.

Sunday, August 8

You Are More Than the Money You Make

Ben Hunkins, Pulpit Guest

Have you ever done meaningful work that made little or no money? How was this viewed by others? What did you do about it? Did you keep doing it? Did you have to stop? Did you sell out? Ben will share his thoughts and personal experiences.

Sunday, August 15

TBA *Dave Nelson, Pulpit Guest*

Dave Nelson is a member of our worship committee a frequent pulpit guest.

Sunday, August 22

The Latest in Greek Philosophy. Really

The Revs. Anne Marsh & Wade Wheelock, Ministers Emeriti

Do you have your daily calendar of quotes from the Stoics? The suggestions for living from these thinkers whose roots go back over 2,000 years are very "in" right now. Do modern scholars offer useful analyses and evaluations of this ancient wisdom? They do.

Sunday, August 29

The Stories in Our Heads

The Rev Dr. Roger Jones and the Rev. James Galasinski

Stories enrich, challenge and connect us. Yet any of us can get hooked on self-defeating or problem-saturated stories which lead us away from connection, serenity, or a sense of purpose. Log in today for some laughs about this habit and some good ideas for telling new stories to make life shine.

Dual Platform Worship Services have begun! We are slowly beginning to re-open the church, which means a limited number of people can attend church in the sanctuary on Sunday mornings. To register for in-person attendance, complete the google form which will be linked in our weekly [News for UU](#) and also on our website post for [This Sunday](#), or call the office at 315-386-2498. We will still be offering online worship, as well. You can find detailed instructions about connecting via Zoom [here](#).

A Summer of Rest and Peace to You!

An outdoor wedding at Clarkson University. An in-person pastoral care visit. A hug from a congregant. These have been ministerial highlights for the church year!

To say this has been a crazy church year is an understatement. There has been constant change. I learned new technology and I am continuing to learn how to reopen a church. Though the pandemic is not over, we are getting through this. I can also say this with confidence: Rest is very important to the health of your soul, especially in times like this. I am going to be modeling that rest for you. The month of July is when I will be taking my vacation. I will also be taking my study leave in the first 3 weeks of August. From January until May 2022 I will be taking my sabbatical.

The Worship Committee has been doing tremendous work to bring Sunday's Worship into your homes and back into our sanctuary. I am thankful for them. I also have gratitude for our Church Council and the Reopening Task Force who have been working tirelessly throughout all of these transitions.

I want to remind you that we do have a trained Pastoral Care Team. I encourage you to call on them in my absence. They are trained listeners and questioners that offer you the gift of their presence. Pastoral Care is not just for those in crisis. Anytime you need positive movement forward in your personal and spiritual lives we are here for you. Our Pastoral Care Team Lead Members are:

June 26 - July 8	Leo Burger	burgerlw@tds.net	315-347-2368
July 9 - 22	Claire Gardam	cgardam@comcast.net	315-244-0667
July 23 - 31	Pete Wyckoff	peterbwyckoff@gmail.com	315-386-2046
August 1 - 7	Helen Hutchinson	hrehutchinson@verizon.net	315-386-4795
August 8 - 22	Valerie Ingram	vingram@stlawu.edu	315-854-4023

In Peace,



The Rev. James Galasinski

Faith Engagement

Summer is upon us! Our religious education program will be taking a hiatus for the month of July. Check our website and Facebook page for Home Faith Engagement Activities. If children are attending worship in person, there are now (6) fidget baskets available on the bookshelves as you enter the sanctuary from the social room. For safety, we have removed the children's prayground at the back of the sanctuary. We will be back in August for some in-person outdoor activities. Keep your eye on enews and our Facebook page for details. Enjoy your summer!



Carol Zimmerman, Director of Religious Education

— Now —
HIRING
JOIN OUR TEAM !

SEEKING MUSIC DIRECTOR

We are looking to hire a music director that will oversee all of our music programs here at church- the choir, handbell choir, and worship accompaniment. Please [visit our website](#) for more information and share this widely with family and friends!

SMALL GROUPS WELCOME

Council has approved use of the building for small group gatherings, with safety precautions taken. If you are eager to get back into the church and spend time in the physical presence of others, consider hosting a small group gathering. These may be one time, weekly, or monthly throughout the summer. You choose the content and structure, and we'll help you spread the word. [Email Sara](#) to discuss any planning details.

Our Staff will be taking time off this summer on the following dates:



The Rev. James Galasinski will be out of town June 26-July 3. He will be taking vacation time during the month of July and study leave during August.

Sara Trimm will be out of town June 28-July 9. The office will be closed during that time.

Carol Zimmerman, DRE, will be out of town July 7-16 and away from the office for the month of July.

Shelby Hunkins, ADRE, will be away for the month of July.

BUILDING USE PROTOCOL

Church Council has approved the use of the church building to staff and small groups.

The following precautions must be taken:

- *wear masks
 - *maintain 6' distance
 - *use hand sanitizer
 - *no shared food
 - *wipe down surfaces when finished in the church
-

Unitarian Universalist Church of Canton

Creating a welcoming, compassionate faith community,
committed to social justice and open to wonder.

Together we strive to:

- Foster a spirit of inclusion and connection
- Encourage exploration of truth and meaning
- Nurture respect for all life and the environment
- Live our values in the North Country and in the wider world

The Unitarian Universalist Church of Canton

The Rev. James Galasinski, Minister
Carol Zimmerman, Director of Religious Education; Shelby Hunkins, Assistant Director of Religious Education
Sara Trimm, Congregational Administrator
Betsy Kepes, Music Coordinator
The Revs. Anne Marsh and Wade Wheelock, Ministers Emeriti

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