

News for UU!



Introducing Flat Stanley 2.0, a.k.a. **Flat Chalice!** Watch your mailbox for a Flat Chalice to arrive, snap a pic, and send it along to the next person on the list. This will be a fun way for us to connect and bring joy to each other through the mail. [Click here](#) to read more in the [February Newsletter](#).

WORSHIP

Sunday, January 31, 2021

10:30 a.m. [Can We Thrive Now?](#)

The Rev. Evin Carvill-Ziemer

[Click here](#) for instructions on how to join virtual worship on Sunday.

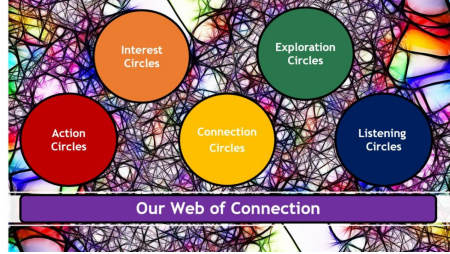
View past sermons on our website [here](#)
and watch Family Chapel [here!](#)

[FEBRUARY NEWSLETTER](#)

Hot off the press for your reading enjoyment!
Flat Chalice, Redemption Centers, and more.
Read it all [here](#).



CONNECT



Join a small group or circle. There are many to choose from [here](#).

Don't see anything for you?
Contact us to create a new group.

TIP: Be sure to refresh each web page for the most updated information. (Click the circle arrow at the top left of your screen next to the home icon.)

Church History Circle: Are you a history buff, or hobby treasure hunter? Join Eileen Raymond and the Church History Circle to learn about our church history in preparation for the bicentennial celebration.

ENGAGE

Faith Engagement Home Kits:

Members and friends of the RE Committee will be delivering home kits this Friday, January 29 between noon and 4pm. Keep an eye out!



Youth Group - Join Ben and Danny this Sunday, January 31 at 1pm via [Zoom](#) to explore neuroplasticity.

Thirty Days of Love: Thirty Days of Love is our annual celebration that runs approximately from Martin Luther King, Jr. Day in January through Valentine's Day in February. In 2021, 30 Days of Love will focus on four themes from a recently published report called **Widening the Circle of Concern**, which was developed by the Commission on Institutional Change. Each week, they will share a 'playlist' or 'menu' of activities for individuals to interact with, connected with our weekly theme. They have playlists for general, kid, youth, and family/multigenerational audiences. Check it out!

Wonder-Full Faith Engagement for Your Home - Check out the January Faith Engagement for Your Home. Imagine a New You, a World without COVID, a Better World or Think Outside the Box and Visit Other Worlds. Leave your comments on how you are living your faith!

Coming of Age: Our 8th and 9th grade youth will join the First UU of Syracuse and May Memorial via Zoom, on Sunday February 7 at 3pm. Links will be shared via email. If you have done so already, please let Carol know if your child plans to participate.

RE Choice: We will gather again on Sunday, February 7 at 1pm via Zoom to begin exploring the idea of Beloved Community through story and creativity.

ACT

Faith In Action Updates

At our Annual Congregational Budget Meeting on Sunday, we voted to officially endorse the Poor People's Campaign. This is exciting for many reasons. Keep an eye out for more information coming soon!

PLAN

The Week Ahead

NOTE: Gatherings will take place virtually.

Thursday, January 28

Noon, Mindfulness Meditation

Saturday, January 30

11:00 a.m., Boosting Immunity through Nervous System Regulation

Sunday, January 31

10:30 a.m., Worship

Monday, February 1

Noon, Mindfulness Meditation
6:30 First Monday Listening Circle

Wednesday, February 3

6:30 p.m., Church Council Meeting

GO GREEN



Who among us New Yorkers doesn't love the Adirondack mountain area? Nature Conservancy magazine tells us that as climate change forces species to move, new science is identifying habitats that-if protected, can help them survive. A map of land in our state show the Adirondacks to be positive in three types of resilience; availability of micro-habitats, biodiversity and connectivity-providing the most resistance to climate change. Take a hike.

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