



August 5, 2020

THIS SUNDAY

August 9, 2020

10:30 a.m. **The Paradox of Comfort and Community: The Soul of Belonging**

The Rev. Dr. Roger Jones, Pulpit Guest

Click here for instructions on how to join virtual worship on Sunday

CHURCH NEWS

Pastoral Care this summer: As James mentioned in the newsletter, he will be away for vacation and study leave in July and August. If you have pastoral care needs, please reach out to our trained team lead: Claire Gardam from August 3- 25.

Expanding Our Reach: Would you like to be part of team that helps guide Council with technology and equipment recommendations for the future? If so, please **email Jenn Whittaker** to learn more.

Soft Re-Opening: Church Council recently approved a soft re-opening of the church building which allows members and staff to use the building on an individual basis if all safety precautions are followed and the use is pre-approved. Please **email** to arrange a time for quiet personal reflection in the sanctuary or to use the library.

Campus Kitchens: If you can help prepare or distribute the free to-go meals on Monday nights, please **sign up for a shift online**. If you know someone who could use a free meal, please send them to the church parking lot at 5 p.m. on Monday nights. We have seen a drop in volunteers so please help if you can.

Grace House Garage Sale: August 24-30 to raise much needed funds. If you have items to donate, they will be welcome. You can drop them off at 11 E. Main Street, but it would be helpful to call their director, Christine Downton first.

Poor Peoples Campaign: The next meeting of the North Country Poor People's Campaign will be Tuesday, August 18th, 6-8pm, on Zoom. You will need to **register in advance** for the meeting on Zoom. After registering, you will receive a confirmation email containing information about joining the meeting.

BLM rallies are still happening in Potsdam everyday at 6 p.m. Rallies are held

in front of the Potsdam Post Office. RSVP and share the event on Facebook [HERE](#).

THE WEEK AHEAD

NOTE: The church building remains closed. All gatherings will take place virtually. Links and instructions to participate below.

Sunday, August 9
10:30 a.m., Worship

Monday, August 10
Noon, Mindfulness Meditation

FAITH ENGAGEMENT NEWS

Faith Engagement at Home

Books and Cooks - Hear a legend from Argentina explaining why the carob tree brings good luck, then make a tasty and healthy carob treat. Check it out on our [Facebook Event page](#) for all the details and links. You don't need a Facebook account to access it.



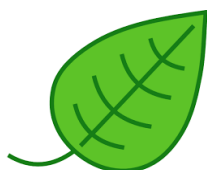
Youth Events - Our 8th-12th graders will meet on Sunday, August 16. We will be going on an outing. Check your email for details.

Faith Engagement Package - We have created a take home faith engagement package for families to keep connected to our faith values. These packages contain a gratitude activity, coloring sheets, a UU principles card game, a 6 sources beach ball and much more. You can pick up your package up on the following dates and times. To keep everyone safe, please sign up for a time slot by clicking [here](#). Use the tabs at the bottom of the page to choose your preferred date. All pickups will be outdoors from Carol's car. If you have any questions, please [email](#) Carol.

Monday, August 10 10am- Noon at the church and 5:30-7pm at Carol's home in Potsdam

Tuesday, August 11 8-9:15am at Carol's home in Potsdam and 1-3pm at the church

Wednesday, August 12 11am-1pm at the church and 5:30-7pm at Carol's home in Potsdam



It's Easy Being Green!

When you're outside, tune in to "nature speak". Can you identify three bird calls? Can you identify three trees by the shape of their leaves? Do you know six flowers by their shape and color? Do you know when the moon is waxing and/or waning by its direction? Can you identify 4 constellations on a

clear night?

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