



July 1, 2020

**THIS SUNDAY**

**July 5, 2020**

**10:30 a.m. [The Universality of Gender Fluidity](#)**  
*Marty Pelham, Pulpit Guest*

[Click here for instructions on how to join virtual worship on Sunday](#)

## CHURCH NEWS

**[July Newsletter](#)**: If you missed the July Newsletter yesterday, you can find it [here](#).

**Pastoral Care this summer**: As James mentioned in the newsletter, he will be away for vacation and study leave in July and August. If you have pastoral care needs, please reach out to our trained team leads: Leo Burger from July 1-5, and Helen Hutchinson from July 6-12.

**[Rachel Somers Grant Social Action Award](#)**: Congratulations to Eileen Raymond, our 2020 recipient.

**[Gender Resources](#)**: Our pulpit guests from last Sunday have compiled a list of resources and helpful links for anyone who is interested in learning more. Check it out!

**[Anti-Racism Resources](#)**: Visit this post for ideas on how to start the work of anti-racism. We plan to add more resources as time goes on. If you would like to contribute to the resources with a book review or other suggestion, please [email](#) us.

**Soft Re-Opening**: Church Council recently approved a soft re-opening of the church building which allows members and staff to use the building on an individual basis if all safety precautions are followed and the use is pre-approved. Please [email](#) to arrange a time for quiet personal reflection in the sanctuary or to use the library.

**Grace House**: The pandemic has dramatically reduced the amount of donations they are receiving at Grace House, and they will soon have a full roster. If you are able to drop off donations, they are seeking twin bedding sets, towels, dressers, area rugs, and bookshelves. If you have questions, you can [email Sara](#) in the office.

**Campus Kitchens:** If you can help prepare or distribute the free to-go meals on Monday nights, please [sign up for a shift online](#). If you know someone who could use a free meal, please send them to the church parking lot at 5 p.m. on Monday nights.

**[Food Boxes Available!](#)** If you or someone you know is in need of food in these uncertain times, there will be a USDA food box distribution, open to all, is also happening at SUNY Potsdam. Call 315-267-2128 to find out when the next distribution will occur.

### THE WEEK AHEAD

*NOTE: The church building remains closed. All gatherings will take place virtually. Links and instructions to participate below.*

**Sunday, July 5**  
10:30 a.m., Worship

**Monday, July 6**  
Noon, Mindfulness Meditation

### FAITH ENGAGEMENT NEWS

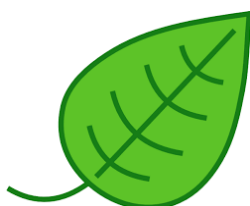
#### Faith Engagement at Home

Check out Books and Cooks a self-directed program designed for children but can be enjoyed by all. It uses stories about food and cooking to give a "taste" of different cultures around the world. The 3rd UU principle encourages us to learn, grow, and to value and respect each other to build a more peaceful world. Check it out on our [Facebook Event page](#). You don't need a Facebook account to access it.



Jr High OWL youth and Youth group members will be meeting this Sunday, July 5 via [Zoom](#) to enjoy some community building time and brainstorm what you would like to do this summer.

Faith Engagement Care Packages will be arriving to your home soon. We have been developing activity packages for children, youth and families to stay connected to their faith values. Look for an email and/or phone call soon about setting up a delivery time. If you want to know more, please [email](#) Carol.



#### *It's Easy Being Green!*

There is a magic machine that sucks carbon out of the air, costs very little, and builds itself. It's called a tree.

Roots are part of the tree, holding it in place and bringing in water and nutrients to keep the tree alive. People have roots too. They are the people who came before us whose lives influenced ours. Find

out what your roots from the past brought to your life.

- UU World Summer 2020

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