



# UU News to Know

May 27, 2020

## THIS SUNDAY

May 31, 2020

10:30 a.m. **Just Come On Home and the Hurt of Addiction**  
The Rev. James Galasinski

[Click here](#) for instructions on how to join virtual worship on Sunday.

## CHURCH NEWS

**It's Good To Be Together!** In this time of constant change, it is more important than ever to connect with each other in new ways. Check [this post](#) regularly for instructions to participate in the activities listed below, and more!

**Caring For Each Other:** If you need extra assistance during this time, or you are willing to offer your assistance, please see our announcement [here](#).

**Drop In Chalice Circle:** Now is a great time to join a chalice circle, and this one allows you to come when you can, with no need to attend every time. Join James at 2pm every Thursday on Zoom for a chance to connect, reflect, and unwind.

**Sermon Writing Workshop is back!** June 2, 9, and 16 from 7-9pm. In the first session the Rev. James Galasinski will show you the do's and don'ts of preaching and together examine what makes a good sermon. The assignment will be to write a 10 minute sermon (about 1,000 words). Then when we will meet again to preach that sermon in a workshop format. The class will be your congregation and we will give you critical feedback. Please sign up by [email](#).

**Campus Kitchens:** If you can help prepare or distribute the free to-go meals on Monday nights, please [sign up for a shift online](#). If you know someone who could use a free meal, please send them to the church parking lot at 5 p.m. on Monday nights.

**UUA General Assembly:** The business meeting of the Unitarian Universalist Association has gone 100% virtual, making attendance possible for anyone with a computer. The cost of registration is now \$150 and church council has set aside funding to pay for registration. If you are interested in attending and serving as a delegate, please [email The Rev. James Galasinski](#) for more information.

## THE WEEK AHEAD

*NOTE: The church building remains closed. All gatherings will take place virtually.  
Links and instructions to participate below.*

**Thursday, May 28**  
2:00 p.m., Chalice Circle

**Sunday, May 31**  
10:30 a.m., Worship

**Monday, June 1**  
Noon, Mindfulness Meditation

**Tuesday, June 2**  
7:00 p.m., Sermon Writing Workshop

## RELIGIOUS EDUCATION NEWS

### Religious Education at Home

Join for our final [After School Story Time](#) via Zoom on Monday, June 1 at 3pm with Sharon Tavernier. She will be reading "Green Truck Garden Giveaway - A Neighborhood Story and Almanac" by Jacqueline Briggs Martin.



Our MakerSpace class will meet [via Zoom](#) for a final time on Monday, June 1 at 6:30pm. We will view the video and make final plans for the garden project.

Our OWL classes and Youth Group are on hiatus till summer programming begins.

We will begin summer programming the week of June 21st. Look for details about Books and Cooks and more coming soon!



### ***It's Easy Being Green!***

Are you taking advantage of Canton's Composting Station on outer Lincoln St.?

Take your full, home sealed container of compost to the system available to the public right in Canton.

You can compost vegetable and fruit scraps, coffee grounds, tea bags, lawn clippings, wood ashes, hair and nail clippings and small tree branches. Not accepted are dog and cat feces, disposable diapers, meat, fish, poultry. Separating waste into compost and trash helps to divert organic matter from landfills, thus reducing methane and carbon emissions. This system breaks down organic matter, recycling nutrients back to Mother Earth.

## COMMUNITY EVENTS

**Saving Seeds in SLC:** Laurel Balog is conducting a seed saving and seed exchange network study for her master's degree in Sustainable Food Systems at

Prescott College. Her study is focused in the St. Lawrence County region and aims to understand current food and medicinal crops and varieties being grown and saved in the area, along with seed exchange networks and their implications for seed sovereignty and resiliency. This can illuminate pathways to enhance the seed saving system and impacts on our food system. Participants must be 18 years of age or older. If you can help, please take the survey [here](#). If you have any questions, please contact Laurel at [laurel.balog@student.prescott.edu](mailto:laurel.balog@student.prescott.edu).

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