

# UU News to Know

January 22, 2020

## THIS SUNDAY January 19, 2020

10:30 a.m. **Waterfalls, Chimps, and Spirits**  
The Rev. James Galasinski

**Worship Associate:** Jon Montan  
**RE Ambassador:** Arthur Freeheart  
**Greeters:** Janet McFarland, Margaret Harloe  
**Social Hour Hosts:** Miles Manchester, Gary & Sally Hoose  
**Collection Counters:** Will Siegfried, TBA

*When are you scheduled as a social hour host or greeter?*  
**[Check the schedule here.](#)**

## THE WEEK AHEAD

**Sunday, January 26**  
9:00 a.m., Choir Practice  
10:30 a.m., Worship & Children's RE

**Monday, January 27**  
Noon, Mindfulness Meditation

**Wednesday, January 29**  
4:30 p.m., Handbell Choir Practice



## *Annual Budget Meeting*

The **annual congregational budget meeting** will be held immediately after worship on **Sunday, January 26**. All are welcome to attend the meeting, but only members can vote on our **2020 proposed budget**. Our treasurer, Gwen Cunningham, is available to answer questions via **email**.

## CHURCH NEWS

**Grace House**: is seeking donations and their needs have changed! Now they are look for cleaning supplies, and paper products, office supplies, snow salt and shovels. The specific list is posted to the purple Grace House bin in the social room.

**Hymnal Roundup**: We use two hymnals *Singing the Living Tradition* (gray) and *Singing the Journey* (teal) during worship. As time passes, some of these migrate away from their natural habitat which is the sanctuary. If you have borrowed a hymnal, please return it to the sanctuary so that we will have enough copies for all who attend our services. Thank you!

**The Handbell Choir** needs another ringer or two! Will you join us? Contact **Theresa Witmer** if you can help.

**Winter Potlucks**: We are hoping to get close to 100% participation in these casual potluck gatherings. Sign up to **host a potluck here**. If you prefer to attend as a guest, look for sign ups in the Social Room. This is wonderful way to get through the winter months together.

**Pizza Party & Game Night**: Bring your favorite pizza toppings and your favorite game to church on Friday, January 31 at 5:30 p.m. for an evening of fun, food and friends.

**February SASO: Unirondack** is a UU summer camp located in the Adirondacks just east of Lowville that offers programming for all ages. Our shared offering on Sunday, February 2 will benefit the campership program which provides financial assistance for youth who can't otherwise afford to attend.

**2020 Census Presentation**: Learn more about the census and how we can help ensure a more accurate count which influences congressional representation and federal funding. Join us on Thursday, February 6 at 7 p.m. in the Social Room for this event sponsored by our Social Action Team and the League of Women Voters.

**Gathering of Action Circles**: Members of current action circles and all who are curious are invited to join us after worship on Sunday, February 16 to hear progress reports and learn about where they could use more help. **Contact Teresa Veramendi** for more information.

**Growing Our Faith: An Intro to the Wisdom of World Religions**  
This six part series will introduce you to the history, theology, and practices of Hinduism, Buddhism, Islam, Christianity, Judaism, and indigenous traditions. Led by the Rev. James Galasinski with guests on Thursdays, 7-9 p.m. February 20 - March 26. **Email the office** to register.

**Growing Our Faith: A Retreat** The focus of this retreat will be growth a refreshing the spirit. A combination of spiritual practices and small group sharing will lead you to a deepening of "something more" that you are called into. Led by the Rev. James Galasinski on Saturday, February 29 from 9 a.m. - 3 p.m. Please **email the office** to sign up.

**Youth Mental Health First Aid Training**: This course which introduces a 5-Step action plan to help youth in crisis and non-crisis situations will take place on Saturday, February 22. Contact **Teresa Veramendi** for more info and to register.

**In Memoriam**: We mourn the loss of Ed Hildebrand, long time church member, who died on Monday, January 20. His memorial service is scheduled

## RELIGIOUS EDUCATION NEWS

**This Sunday:** Our children and youth will hear a story about Maria Mitchell, learn about the gift of love, create educational materials about Green Light Law, explore safe uses of technology to build relationships and make plans for a sledding party. [Learn more here.](#)



**Please Register Your Child(ren):** Take a moment to register your child(ren) for the 2019-2020 religious education year. [Click here.](#)

### IN RELIGIOUS EDUCATION THIS WEEK

**Acting DRE:** Shelby Hunkins

**RE Ambassador:** Arthur Freeheart

**Nursery:** Eden Terrell, Sara Hutcheson

**Spirit Play:** Wil Rivers, Maria Dickinson

**Love Will Guide Us:** Heather Rousell, Jim Rudd

**MakerSpace:** Ron Tavernier, Pat Glover

**Jr High OWL:** Mary Michalek, Arthur Freeheart

**Youth Group:** Danny Thomas, Ruth Baltus



Read about this month's events in our

## January Newsletter

---

## COMMUNITY EVENTS

**UU the Vote:** If you would like to join the UUA's campaign to #VOTELOVE and #DEFEATHATE in 2020, you can text VOTELOVE to 51555 or [sign up online.](#)

