



News & Information from the Unitarian Universalist Church of Canton

AUGUST 2018
A MONTH OF SUNDAYS

Worship services and religious education for children and youth begin at 10:30 a.m.

August 5 at Meacham Lake Campground Sacred Spaces

The Rev. James Galasinski

While gathered with our UU friends from Plattsburgh and Saranac Lake, we will explore what sacred spaces are. Worship will be followed by a potluck lunch and an afternoon of outdoor fun.

Worship Associate: Jon Montan

August 5 in Canton Habits for Living

Robin Collen, Kim Bouchard, and Valerie Ingram

UU Minister, Richard Gilbert wrote *Ten Considered Convictions*. This service explores them, and invites all present to consider their own habits for living.

Music: Max Howard

Lay Leader: Robin Collen

RE Ambassador: Jeff Frank

Collection Counters: Ruth Baltus, David Doran

August 12 When Work and a Spiritual Journey Come Together

Dr. Nasser Malit, Pulpit Guest

This sermon will highlight my tumultuous spiritual journey and discuss some of my current work in human origins and variation as fitting aspects of my search for a spiritual high. Growing up in a rural Kenyan village where religion and traditional values conflicted, and as a transnational in America where racial divisions run amok, my talk will explore how I harmonize these conflicts and find peace. My work in human biological variations informs how I negotiate these racial tensions and seek a path towards unity in a divided world.

Nasser Malit, Ph.D., SUNY at Potsdam Anthropology Department. Please join Dr. Malit in the Romer Room during social hour.

Music: Max Howard

Lay Leader: Jon Montan

RE Ambassador: Jeff Frank

Acting DRE: Jenn Whittaker

Collection Counters: Tim Opdyke, Pat Gengo

August 19 Born Out of this World: Living with Disabilities

The Rev. Katrina Hebb, Pulpit Guest

Living with disabilities, moving from shame to pride.

The Rev. Katrina Hebb is associate pastor of South Presbyterian Church – a “Church that’s left the building!” In 2014, South sold their building and currently run their five worship services and various program opportunities in community spaces around the city of Rochester – in assisted-living facilities, diners, a movie theater, the psych center, and more.

Katrina splits her time between Rochester and Canton, where she calls Birdsfoot farm home. She is the mother of Lexi and Henry Hebb.

Music: Max Howard

Lay Leader: Sarah Bentley-Garfinkel

RE Ambassador: Wil Rivers

Collection Counters: Jon Montan, Lorraine Olendzenski

August 26 Bakti Yoga and the Practice of Faith

The Rev. James Galasinski

When we think of yoga, we think of a series positions, breathing, and stretches, but that is just one type. We will explore the connections between Unitarian Universalism and Hinduism, and how we can better practice our faith.

Music: Max Howard

Worship Associate: Doug Rubio

RE Ambassador: Wil Rivers

Collection Counters: Lonie Bogett, Will Siegfried

ON THE CALENDAR

Please print and post!



Wednesday, August 1

8:00 a.m., Building & Grounds Committee Meeting
6:30 p.m., Church Council Meeting

Sunday, August 5

10:30 a.m., Worship
10:30 a.m., Huutenanny at Meacham Lake

Monday, August 6

Noon, Mindfulness Meditation

Wednesday, August 8

7:00 p.m., UU Men's Group

Sunday, August 12

10:30 a.m., Worship & Children's RE

Monday, August 13

Noon, Mindfulness Meditation
7:00 p.m., Social Action Committee Meeting

Tuesday, August 14

1:00 p.m., Communications Committee Meeting
4:30 p.m., Welcoming Committee Meeting
7:00 p.m., Second Tuesday Chalice Circle

Thursday August 16

7:00 p.m., Canvass Committee Meeting
7:00 p.m., Worship Committee Meeting

Sunday, August 19

10:30 a.m., Worship and Children's RE

Monday, August 20

Noon, Mindfulness Meditation
Newsletter Deadline

Tuesday, August 21

11:30 a.m., Red Cross Blood Drive

Wednesday, August 22

7:00 p.m., UU Men's Group

Sunday, August 26

10:30 a.m., Worship & Children's RE

Monday, August 27

Noon, Mindfulness Meditation

If you would like to receive weekly electronic news updates,
please email office@uucantonny.org

Submission deadline for our September newsletter: Monday, August 20

The Unitarian Universalist Church of Canton

The Rev. James Galasinski, Minister
Carol Zimmerman, Director of Religious Education
Sara Trimm, Congregational Administrator
Carol Strome, Choir Director
Betsy Kepes, Music Coordinator
Theresa Witmer, Handbell Choir Director

The Reverends Anne Marsh and Wade Wheelock, Ministers Emeriti

Summer Office Hours: Tuesday through Thursday, 9 a.m. to 2 p.m.
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